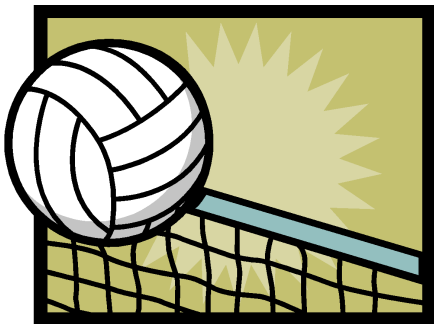


LOOMIS BASIN ATHLETIC LEAGUE

Newcastle Elementary School District STUDENT SPORTS PACKET 2022-2023





Newcastle Elementary School District
645 Kentucky Greens Way, Newcastle, CA 95658 (916) 259-2832
<https://www.newcastle.k12.ca.us/>
Newcastle Knights - Gems of the Foothills, Shining Above the Rest
Denny Rush, Superintendent

Dear Parents/Guardians:

The Newcastle Elementary School District, along with its community, recognizes the value of its outstanding athletic program. Newcastle Elementary and Charter children are afforded multiple opportunities to participate in one or more sports, wear their school's uniform and represent their school. We recognize that organized athletics support our student's physical, social and academic development.

In order to maintain the athletic program, the District has implemented the Voluntary Athletic Contribution (VAC) plan. The purpose of this plan is to support our athletic programs and help offset the District's cost. We encourage your help and support to ensure the success of the plan.

In order to help support the District's athletic league, we are asking for a Voluntary Athletic Contribution of \$30.00 per sport, per child. When compared to the cost of participating in other athletic leagues, \$30.00 per sport, per child, is an excellent value. All participants MUST return a completed VAC form for each sport they play in order to participate.

We are thankful for your ongoing support of Newcastle athletics, especially in these challenging economic times. The District's goal is to continue to offer a quality and comprehensive athletic program for its students. Your voluntary contribution will provide our students with the opportunity to enhance their personal growth and to have a positive school experience through participation in athletics.

Sincerely,

David Liebert
Newcastle Athletic Director

Denny Rush
District Superintendent

Cindy Giove
Principal



Loomis Basin Athletic League Voluntary Athletic Contribution Form

To help support our participation in the Loomis Basin Athletic League (LBAL), a voluntary contribution of **\$30.00 per child, per sport, is requested**. All voluntary contributions will be used to offset costs associated with each sport.

Instructions: Please complete and return this Voluntary Athletic Contribution (VAC) form to our Athletic Director, David Liebert, our school office. **A separate VAC form must be completed and submitted for each sport of participation.**

Student's Name: _____ Grade: _____

School: _____ Sport: _____

_____ I wish to make a voluntary contribution of \$30.00 per sport.

_____ I wish to make a voluntary contribution in the amount of \$ _____.

_____ I am unable to contribute at this time.

Please make checks payable to: NESD

Please return the completed form above and the voluntary contribution (payment) to your child's coach, athletic director or school office. Students **MUST** return a completed form in order to participate in each sport.

-----**For Tax Purposes**-----

Voluntary Athletic Contribution donation to the Newcastle Elementary School District

A donation in the amount of: \$ _____ Date: _____

Dear Parents and Students,

Congratulations, your child has just become a member of the Loomis Basin Athletic League. Included in this packet is information about your child's participation in our district athletic league. To ensure your child is able to participate, please review this packet in its entirety. The last few pages have important information that must be signed and returned to school.

These items must be returned to your child's coach before they can begin participating in games or practices.

- 1. A completed Voluntary Athletic Contribution (VAC) form*
- 2. A completed and signed transportation form*
- 3. A completed and signed athletic code of conduct form*
- 4. A completed and signed emergency authorization form*
- 5. A completed and signed concussion and head injury information sheet*

LOOMIS BASIN ATHLETIC LEAGUE SPORTS PARTICIPATION FEE

A donation/fee of \$30.00 per sport is requested to participate in and support our school sports programs. Checks should be payable to NESD. The Newcastle Elementary School District sports program cannot operate without the financial support of our parents. Thank you for supporting our District sports program because without your financial contribution, the sports program could not exist.

Thank you so much and have a wonderful and successful season!

Loomis Basin Athletic League Bylaws

The name of this organization is the Loomis Basin Athletic League (L.B.A.L.). The L.B.A.L. bylaws will be used first when making league decisions. California Interscholastic Federation (C.I.F.) rules will only be used when the L.B.A.L. bylaws do not address a rule or issue.

League Membership

Presently the L.B.A.L encompasses the Loomis Union School District and one member school. At this time there are 8 participating member schools; Loomis, Franklin, Placer, Penryn, Ophir, Loomis Basin Charter, H. Clarke Powers, and Newcastle.

Philosophy

We believe that athletic competition is a necessary process for the development of the student/athlete. We believe that the purpose of athletics is to assist the student/athlete in developing playing skills, respecting coaches and teammates, improving fitness, practicing good sportsmanship, and remembering that participation is a privilege and carries responsibilities. No heckling or trash talking will be tolerated at our sports events. People who engage in this will be removed immediately from all L.B.A.L events.

Uniforms

Shortly your child will be receiving their team uniform. Each student is responsible for his or her own uniform. If it is lost, stolen or returned damaged they will be responsible for the cost to replace it.

When laundering uniforms, please turn them inside out, wash in cold water on the delicate cycle, and hang dry. **Please do not use bleach.** If they have to be dried in the dryer occasionally please make sure it is on the lowest heat.

Transportation Procedures

The following procedures have been designed for the general safety and well-being of all student athletes, coaches and supervisors.

- Parents must provide transportation to and from all events.
- Parents providing transportation for their child home from a game must sign the child out with their coach.
- Parents requesting that their child ride home with another family must make prior arrangements with the coach before the day of the game.

Thank you for your support and understanding in this matter.

The Quality NESD Athlete

Is loyal to his/her coach, team, and school

(The athlete is dedicated, hardworking, and respectful to everyone.)

Is a positive ambassador for the school and community

(The athlete knows whom he/she represents, has positive self esteem, and leads by example.)

Is a team player

(The athlete is team oriented, unselfish, humble, and always puts forth his/her best effort.)

Exhibits sportsmanship during competition

(The athlete respects his/her opponent, yet attempts to win according to the rules and spirit of the game.)

Is coachable

(The athlete sets personal goals and attempts to achieve them. The athlete can accept criticism or deal with correction in a positive manner.)

Is a self-evaluator

(The athlete knows his/her strengths and weaknesses and works harder on the latter so that progress can be made.)



Newcastle Elementary School District
L.B.A.L. Transportation Form
 Parent Permission for School Sports Related Activities

On occasion our sports teams may travel to games/events by bus. When transportation is provided by bus, this form serves as the permission slip to ride on the contracted bus provided.

Please complete this form and return the form to your child’s athletic director or coach.

My child _____ has my permission to take part in school the Loomis Basin Athletic League. Parents are responsible for all transportation to and from games/events. Participation in these games/events is purely voluntary.

I understand and acknowledge the Education Code 35330 provides that all persons making field trip or excursions shall be deemed to have waived all claims against the District or the State of California for injury, accident, illness or death occurring during or by reason of the field trip or excursion.

Nature of Activity

*Athletic activities during the current school year

Destination: Athletic events as scheduled

Means of Transportation

Parent provided transportation

Trip Supervisor

Principal, School Coach, or Athletic Director

_____ Date

_____ Signature of Parent or Guardian

Important medical information the supervisor should know (allergies, etc): _____

Insurance: _____ Policy Number: _____

Emergency PhoneNumbers: _____

E-Mail Address: _____

For Athletic Events, this form must be completed prior to being issued clearance to participate.



Newcastle Elementary School District
L.B.A.L. ATHLETIC CODE

ELIGIBILITY REQUIREMENTS:

1. Students must be enrolled in an LBAL school in order to be eligible to participate in LBAL sports. All student/athletes participating in/for the L.B.A.L. must have and maintain a 2.0 G.P.A. to be eligible. Additional restrictions may be added by each school as needed. The student athlete that does not meet grade criteria for participation is not eligible to practice or attend games until a current progress report determines said player to be eligible again.
2. Student/athletes must maintain “good standing” behavior as determined by the foundation schools’ discipline plan. If a student/athlete receives a suspension or an in-house suspension, they are not eligible to participate in games or practices for the duration of that suspension. Student/athletes may be dropped from their team for repeated or serious behavior infractions.
3. The student must attend school for at least two thirds of the school day to participate in a game that day. A team member that is excused from P.E. by a parent may not play in a game that day.
4. In order to maintain the privilege of having an athletic program in the Newcastle Elementary School District donations of \$40 per sport are necessary to continue the quality athletic program we offer. Without these fees the NESD will not be able to continue to support this program for our students. Contributing is not a requirement for participation but the funds are necessary to keep our sports program alive.

Please detach and return the bottom section to your child’s school.
(Student will not be able to participate in L.B.A.L sports until this is returned)

Newcastle Elementary School District L.B.A.L. Athletic Code

Please write below the sport your child is **currently** preparing to participate in:

(SPORT)

We have read, understand, and agree to abide by the L.B.A.L Athletic Code.

Date:_____ Student’s Signature:_____

Parent/Guardian’s Signature:_____

E-mail Address:_____

ATHLETIC EMERGENCY AUTHORIZATION

Student's Name: _____ Birthdate: _____

Teacher: _____ School: _____ Grade: _____

Address: _____ Zip Code: _____

Father: _____ Cell Phone: _____

Mother: _____ Cell Phone: _____

Home Phone #: _____ Parent E-mail: _____

Person(s) to call if parent cannot be reached:

Name/Relationship: _____ Phone: _____

Name/Relationship: _____ Phone: _____

In case of an emergency due to serious illness or accident when I cannot be contacted, I hereby authorize school personnel to obligate me for the services of a doctor. Please call:

Doctor: _____ Phone: _____

Insurance: _____ Policy Number: _____

My son/daughter may participate in all interscholastic sports this school year.

Yes ___ No ___ (If no, list exceptions): _____

Parent/Guardian Signature: _____ Date: _____

It is the parent's responsibility to keep this information current.

LBAL Concussion and Head Injury Information Sheet

Student: _____ Grade: _____

Address: _____

Telephone: _____ Email: _____

School: _____ School Year: _____ Date of Birth: _____

Pursuant to Education Code Section 49475, before a student may try-out, practice, or compete in any district-sponsored extracurricular athletic program, the student and parent/legal guardian must review and sign this Concussion and Head Injury Information Sheet. This sheet must be reviewed and signed by the student-athlete and parent/legal guardian for each sport in which the student participates in LBAL.

Important Information Regarding Concussions:

In accordance with California Education Code, if a player is known to have or is suspected of sustaining a concussion or head injury in a practice or game, the player shall be removed immediately from the activity for the remainder of the day. A student-athlete who has been removed from play may not return to action until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussions and receives written clearance to return to play from that health care provider. In the case of an actual or perceived loss of consciousness, the student must be immediately removed from the activity.

For the safety and protection of the student, once a supervising individual makes a determination that a student must be withdrawn from activity due to the potential existence of a concussion or head injury, no other coach, player, parent, or other involved individual may overrule this determination.

Once a student is removed from an activity, the parent/legal guardian should promptly seek a medical evaluation by a licensed health care provider, even if the student does not show physical symptoms of a concussion (headache, pressure in the head, neck pain, nausea or vomiting, dizziness, blurred vision, balance problems, sensitivity to light or sound, feeling “slow,” “foggy,” or “not right,” difficulty with concentration or memory, confusion drowsiness, irritability or emotionality, anxiety or nervousness, or difficulty falling asleep). If the student reports or shows any of these symptoms, immediate medical health care should be obtained. If a parent or legal guardian is not immediately available to make health care decisions, the district reserves the right to have the student taken for emergency or urgent evaluation or medical care in keeping with the authorization contained in the Athletic Emergency Authorization.

If a licensed health care provider determines that an athlete has sustained a concussion, the athlete shall complete a graduated return to play protocol of not less than seven (7) days.

We have read and understand this Concussion and Head Injury Information Sheet.

Date: _____ Date: _____

Athlete: _____ Parent/Guardian: _____

Signature: _____ Signature: _____