



KNIGHTS CAFÉ at NESD

Questions? Contact Cirbie Krslovic
916-663-3307 ext 2217 ckrslavic@newcastle.k12.ca.us

DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Chicken & Rice Fruit & Veggie Milk	2 Fish Tacos Fruit & Veggie Milk	3
4	5 Grilled Cheese Sandwich Fruit, Veggie & Milk	6 Bean & Cheese Burrito Fruit, Veggie & Milk	7 Pizza Day! Fruit & Veggie Milk	8 Turkey Sandwich Fruit & Veggie Milk	9 Chili & Fritos Fruit & Veggie Milk	10
11	12 PB&J Fruit & Veggie Milk	13 Chicken Pasta Fruit & Veggie Milk	14 Pizza Day! Fruit & Veggie Milk	15 * Roasted Chicken Mashed Potatoes Crustless Apple Pie *	16 SACK LUNCH "Grab & Go"	17
18	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24
	26	27	28	29	30	31 

***ONE (1) FREE BREAKFAST AND
*ONE (1) FREE LUNCH EVERY SCHOOL DAY!!**

STUDENTS ENROLLED AT NEWCASTLE ELEMENTARY AND CHARTER SCHOOL, HARVEST RIDGE COOPERATIVE CHARTER SCHOOL, OR ILEARN ACADEMY MAY HAVE ONE (1) FREE BREAKFAST SNACK AND ONE (1) FREE LUNCH MEAL EACH SCHOOL DAY. STUDENTS WHO WANT A SECOND MEAL MAY PURCHASE AT FULL PRICE OF \$2 FOR BREAKFAST AND \$3 FOR LUNCH.

MEALS INCLUDE (each day):

Breakfast Item, Fruit & Milk.
Lunch Entrée, Fruit / Veggie, Milk.

MENU SUBJECT TO CHANGE

Menu is subject to change without notice due to product availability or unforeseen circumstances. Meals will follow the required USDA Meal Pattern.

