



## High Frequency Words

High-frequency words are the words that appear most often in printed materials. Students are encouraged to recognize these words by sight, without having to “sound them out.”

Learning to recognize high-frequency words by sight is critical to developing fluency in reading. Students should be able to read these words individually and in sentences and stories.

Automatic recognition of high frequency words provides an essential starting point for your child becoming a confident reader. It is important to note that

- 12 high frequency words make up 25% of words we read and write.
- 100 high frequency words make up 50% of words we read and write.
- about 300 high frequency words account for 75% of words we read and write.

### Seven Simple Tips to Help Your Child Learn High-Frequency Words

1. Write high-frequency words on index cards. Click on the grade levels below for printable word cards.
  - a. [PreK word cards](#)
  - b. [Kindergarten cards](#)
  - c. [First Grade cards](#)
  - d. [Second Grade cards](#)
  - e. [Third Grade cards](#)
2. Help your child create sentences with the index cards. (ex. *Look at me. I like red.*)
3. Have your child say or write sentences using each word.
4. Have your child write the words in shaving cream, play dough, sand, or sugar.
5. Add movement when reading or spelling the words. For example, if the word is *look*, your child says look three times while jumping, clapping, stomping, or snapping fingers.
6. Read a story to your child. After reading, have him/her find the high frequency words on each page.
7. Have your child cut letters from magazines, ads, or newspaper to spell each word.

## PreK

a  
and  
away  
big  
blue  
can  
come  
down  
find  
for  
funny  
go  
help  
here  
I

in  
is  
it  
jump  
little  
look  
make  
me  
my  
not  
one  
play  
red  
run  
said

see  
the  
three  
to  
two  
up  
we  
where  
yellow  
you

## Kindergarten

all	like	there
am	must	they
are	new	this
at	no	too
be	now	under
black	on	want
brown	our	was
but	out	well
came	please	went
did	pretty	what
do	ran	white
eat	ride	who
four	saw	will
get	say	with
good	she	yes
have	so	
he	soon	
into	that	

## First Grade

after	has	over
again	her	put
an	him	round
any	his	some
as	how	stop
ask	just	take
by	know	thank
could	let	them
every	live	walk
fly	may	were
from	of	when
give	old	
going	once	
had	open	

## Second Grade

always	found	tell
around	gave	their
because	goes	these
been	green	those
before	its	upon
best	made	us
both	many	use
buy	off	very
call	or	wash
cold	pull	which
does	read	why
don't	right	wish
fast	sing	work
first	sit	would
five	sleep	write
		your

## Third Grade

about

better

bring

carry

clean

cut

done

draw

drink

eight

fall

far

full

got

grow

hold

hot

hurt

if

keep

kind

laugh

light

long

much

myself

never

nine

only

own

pick

seven

shall

show

six

small

start

ten

today

together

try

warm