## KNIGHTS CAFÉ at NESD

Questions? Contact Cirbie Krslovic 916-663-3307 ext 2217 ckrslovic@newcastle.k12.ca.us

# SEPTEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Pizza Day! Fruit & Veggie Milk	Jumbo Corndog Fruit & Veggie Milk	3 Beef & Rice Fruit & Veggies Milk	4
5	6 NO SCHOOL	7 PB&J Fruit & Veggie Milk	8 Pizza Day! Fruit & Veggie Milk	9 Bean & Cheese Burrito Fruit & Veggie Milk	Nachos Fruit & Veggie Milk	11
12	Chicken Quesadilla Fruit & Veggie Milk	Mac & Cheese Fruit & Veggie Milk	Pizza Day! Fruit & Veggie Milk	Turkey Sub Fruit & Veggie Milk	Spaghetti Fruit & Veggie Milk	18
19	20 Chicken Sandwich Fruit & Veggie Milk	Jumbo Corndog Fruit & Veggie Milk	Pizza Day! Fruit & Veggie Milk	PB&J Fruit & Veggie Milk	Chili & Cornbread Fruit & Veggie Milk	25
26	Burger Fruit & Veggie Milk	28 Chicken Nuggets Fruit & Veggie Milk	29 Pizza Day! Fruit & Veggie Milk	30 Bean & Cheese Burrito Fruit & Veggie Milk	Chicken & Rice Fruit & Veggie Milk	2

### \*ONE (1) FREE BREAKFAST AND

### \*ONE (1) FREE LUNCH EVERY SCHOOL DAY!!

STUDENTS ENROLLED AT NEWCASTLE ELEMENTARY AND CHARTER SCHOOL, MAY HAVE ONE (1) FREE BREAKFAST SNACK AND ONE (1) FREE LUNCH MEAL EACH SCHOOL DAY. STUDENTS WHO WANT A SECOND MEAL MAY PURCHASE AT FULL PRICE OF \$2 FOR BREAKFAST AND \$3 FOR LUNCH.

#### MEALS INCLUDE (each day):

Breakfast Item, Fruit & Milk. Lunch Entrée, Fruit / Veggie, Milk.

#### MENU SUBJECT TO CHANGE

At any time, the menu is subject to change due to unforeseen circumstances. Meals will follow the required USDA Meal Pattern.

